

Pos	Race Number	Surname	Name	Distance	Category	Time
1	004	Fick	Russel	15km	Men	38:15.4
2	003	Fennessy	Luca	15km	Men	42:16.0
3	006	Fussell	Kian	15km	Men	43:36.2
4	002	Eins	Colin	15km	Men	49:01.9
5	007	Knoetze	Niels	15km	Men	49:17.5
6	001	Carstens	Joe	15km	Men	01:05:45.5
7	009	Knuffel	Erich	15km	Men	01:12:06.6
8	005	Fussell	Luke	15km	Men	01:13:46.6
9	129	Kalisch	Tembo	15km	Men	01:14:00.5

Pos	Race Number	Surname	Name	Distance	Category	Time
1	017	Lambert	Marinelle	15km	Women	49:40.1
2	019	Pahl	Taila	15km	Women	01:05:45.8
3	016	Kirby	Liz	15km	Women	01:14:02.7